

# Dreamweaver

Dreamy | Calming

**Butterfly Pea Flower: Boosts cognition and supports mental clarity.**

**Lemon Balm: Eases anxiety and nurtures emotional well-being.**

**Honeybush: Nourishes and supports digestive health.**

**Peppermint: Refreshes the senses and aids digestion.**

# Dreamweaver

Dreamy | Calming

**Passionflower : Calms the nervous system, aiding relaxation and sleep.**

This herbal tea blend was designed to guide you to a tranquil state, fostering relaxation, inner peace, and overall emotional well-being. Perfect for your evening routine and dream rituals.

## Enjoying our teas?

We would love to hear from you!  
Share your thoughts with us:

Leave a review!



Share a photo!



# Harmony of the Elders

Calming | Balancing

**Chamomile : Helps ease stress and supports restful sleep.**

**Lemon Balm: Promotes a positive mood and eases restlessness.**

**Passionflower : Calms the mind and improves sleep quality.**

**Lavender : Supports relaxation and helps alleviate anxiety and tension.**

# Harmony of the Elders

Calming | Balancing

**Ginger : Adds warmth and aids digestion, supporting overall wellness.**

This herbal tea blend offers a harmonious balance of calming and mood uplifting herbs. Perfect for moments of reflection and meditation.

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# **Mama Africa's**

## **Nurturing Nectar**

**Uplifting | Soothing**

**Red Rooibos : Rich in antioxidants, it supports overall wellness.**

**Sweet Ceylon Cinnamon Bark : Aids digestion and adds a sweet warmth.**

**Hibiscus : Packed with vitamin C, it promotes skin health and aids in digestion.**

**Rose Buds : Supports skin health, offers a sense of calm and relaxation.**

**Cacao Nibs : Elevates mood  
and provides a touch of  
chocolatey delight.**

**Lemon/Orange Peel : Provides  
a burst of citrus freshness and  
vitamin C.**

This blend offers a comforting antidote  
for the body and soul. Making it a  
perfect choice for those seeking  
comfort and cheer in your routine.

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# Asé Awakening

Grounding | Empowering

**Gingko Biloba** : Enhances cognitive function and memory, promoting mental clarity.

**Calendula** : Offers a soothing effect and supports a radiant complexion.

**Goji Berry** : Rich in antioxidants, promotes vitality and overall wellness.

**Licorice Root** : Supports adrenal health and provides a natural energy boost.

# Asé Awakening

Grounding | Empowering

**Rhodiola Root : Reduces stress  
and fatigue, increasing  
resilience.**

This herbal tea blend promotes overall wellness. Perfect for encouraging a sense of balance and empowerment in your daily life.

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